

**Leila Tighe MSW, LICSW  
38 Stockbridge Street  
Cohasset, MA 02025  
781-413-1164**

**Education:**

Graduate 1979 Westover Preparatory School Middlebury, CT  
BA 1984 Boston University - English  
MSW 2003 Boston University - CBT & Clinical Social Work/Public Health

**Professional:**

**Private Practice, 175 Derby Street, Hingham, MA 02043  
Clinician LICSW**

2014 - present individual, family and couples counseling

**Private Practice, 700 Congress Street Quincy, MA 02169  
Clinician LICSW**

2011 - 2014 individual, family and couples counseling

**Private Practice, 21 Totman Street, Quincy, MA 02169  
Clinician LICSW**

2007 – 2011 individual, family and couples counseling

**Randolph Middle School  
Classroom Therapist, LICSW**

2007 – 2008 Classroom therapist for alternative program. Led groups and individual counseling in the classroom.

**South Shore Educational Collaborative, Hingham, MA  
School Therapist LICSW**

2006 – 2007 One of 3 School Therapists for children with emotional and learning disabilities

**South Shore Mental Health, Quincy, MA  
Outreach Clinician LICSW**

2003 – 2011 Outreach – Individual and family counseling in peoples homes from Randolph to Boston.

**Plymouth Counseling, 225 Water Street, Plymouth, MA  
Clinician LICSW**

2003 – 2008 Individual counseling for children and adults

**VA Hospital Women's Health Clinic Brockton, MA  
Field Placement Clinician**

2002 – 2003 Individual counseling for women ages 20 – 60 with trauma history from military or military associated experiences. Rape, incest, domestic violence & eating disorders, substance abuse and anxiety.

**South Shore Mental Health Quincy, MA  
Field Placement Group Leader**

2001 – 2002 Discovery Day Treatment Center  
Developed and led groups for adults with major mental illness and Dual Diagnosis including schizophrenia, Bipolar Disorder, PTSD, OCD and Major Depression.

**Salem Evening News, Salem, MA, Newburyport News, Beverly Times  
Freelance Writer**

1991-1998

**Designers Eye Advertising, Swampscott, MA  
Copywriter and Graphic Designer**

1986 – 1991

**Weekly Supervision – Dr. Vincent Panetta**

Faculty Boston Graduate School of Psychoanalysis

2003 – present

1581 Beacon Street

Brookline, MA 02446

**Bi Weekly Supervision – Kenneth Freedman LICSW**

Chairman South Shore Coalition of Independent Therapists

Poppletown Road

Sandwich, MA

**Experience:**

Mother of two children born 1991 and 1993

1993 – 2003 Founder and member Water Quality Task Force Town of Essex  
1990 – 1993 Founder of Recycling Committee Town of Essex, MA  
1999 – 2003 PSO Enrichment Cohasset Public Schools  
1999 – 2002 Metco Volunteer town of Cohasset  
2008 – 2010 Appalachian Service Project volunteer building homes in West VA  
1999 – 2002 Cohasset town league Girls softball coach

**References furnished upon request**